Recipe: 'Purple Sapphire' Lavender Iced Tea 🖤 🐝 perfect mixer or soft drink

Requirements

- Teapot or heat-proof jug (e.g. Pyrex), 1 litre capacity
- Tea strainer or fine-meshed sieve

Ingredients

- 1 tsp dried hibiscus
- 2 tsp dried lavender (for culinary preparations .. don't buy decorative flowers by accident if shopping online)
- 600 ml water
- 100 ml pineapple juice (from a large can of pineapple rings or freshly juiced, see above comments)
- agave nectar or <u>vegan honey alternative</u> (optional)

Instructions

- 1. Add the lavender and hibiscus to your teapot or heat-proof jug along with 600ml freshly boiled water. Brew for 5-8 minutes depending on desired strength.*
- 2. Strain off the hibiscus and lavender. Add your pineapple juice through a strainer to remove pulp especially important if you want that glassy, gem-like appearance.
- If you want it sweeter, add more pineapple juice (which will make the pineapple taste more dominant, of course) or add some agave nectar or <u>vegan honey</u> <u>alternative</u>, to taste.
- 4. Allow to cool a bit, then bottle it. Chill in the fridge and serve with ice. Optionally, garnish with pineapple.

Tips 💡

- *Note: brewing for longer, or adding more hibiscus, will result in a darker coloured drink
- This would be the perfect drink to serve at a magic-themed party or Harry Potter viewing party. It looks straight out of Potions class!
- It would also make a stunning mixer in combination with a clear spirit, such as vodka, tequila or gin.
- I'm currently going booze-free for Dry February and this drink is a fun change of pace from non-alcoholic beers and oversweetened soft drinks.

Recipe by Ticho's Table (<u>tichostable.com</u>) 🜿